

We invite you to take the content of our Sunday Morning worship hour, and discuss with a friend, your family, or your LIFEgroup each week. This is meant to be a guide for your discussions and can be used as a launching point or complete study outline. Feel free to choose all, many or even just one that will work best for your LIFEgroup.

A SCRIPTURE TO READ.



6 And he passed in front of Moses, proclaiming, "The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness,7 maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation.

Exodus 34.6-7



B QUESTIONS TO ASK.



1

How has your perspective changed about God; in the last few weeks of sermons and study about His character?

2

Have you ever felt that God was angry at you? Why?

3

Knowing the first 4 characteristics mentioned in Exodus 34:6-7, would your opinion change about His feelings toward you? Why or why not?

4

When have you experienced someone slow to become angry with you? How did it change the dynamic and result of the situation?

C APPLICATION | CHALLENGE.

What practices can you add to your daily life, that would help you to prepare your heart and spirit for being patient and slow to anger? What is something you already do to help you with this?

When we aim to change our habits and ways, we need to put off the old and put on a new practice or mindset. What will you make an effort to “put off” that is causing you to be quick to anger; and “put on” in effort to be slower in becoming angry this week?

We would love to hear your highlights from this discussion so please email us at office@avonwesleyanchurch.com or text us at **585-622-4575**.

D ADDITIONAL ACTIVITIES & RESOURCES.

Visit our webpage www.avonwesleyanchurch.com/lifegroups for more resources and to watch bonus content.

These additional resources include videos from The Bible Project, another for our younger kids, and a video to help adults, in explaining and showing grace to kids.

M I R R O R S : M Y
C H A R A C T E R
R E F L E C T I N G
G O D ' S C H A R A C T E R
L E S S O N # 4 : S L O W
T O A N G E R

If you never struggle with anger, you can skip this lesson. For the rest of us, this topic is a great reminder for how our character can reflect God's character. He is S-L-O-W to ANGER. What an astounding gift of mercy and grace!



E QUESTIONS FOR FAMILIES WITH KIDS.

- 1** What does it mean to be slow-to-anger?
- 2** How do you feel about God being slow-to-anger?
- 3** If we can be slow-to-anger with one another, how would it change things?
- 4** What can you do when you feel angry but don't want to act out in anger?

F QUESTIONS FOR AWC YOUTH GROUP.

- 1** What stuck out to you about God's character of being "slow to anger"?
- 2** Have you ever felt that God was angry at you? Why?
- 3** Knowing the first 4 characteristics mentioned in Exodus 34:6-7, would your opinion change about His feelings toward you? Why or why not?
- 4** Talk about a time when God showed His character of a loving, compassionate, and gracious Father, and was clearly slow-to-anger.
- 5** When have you experienced someone slow to become angry with you? How did it change the dynamic and result of the situation?
- 6** Think of a time when the situation and outcome would have been very different (much better) if you would have been slow to anger.